DAY 4 : Lead us not into temptation and deliver us from evil...

Read Psalm 145:18-20. The psalm knows it is possible not to call on the Lord in truth; the Lord's Prayer asks for us not to be led into temptation, pulled into falsehood and false ways and the acknowledgment of false gods. The psalm has the Lord upholding the falling, lifting up the bowed down, watching over us, and destroying the faithless who oppress us; the Lord's Prayer asks that we may be delivered from evil. What are your deepest fears and greatest hopes in this season? Ask God to show you rivals that might keep you from "fearing" and "hoping" in Him. Do you believe and live as if fearing God and hoping in Him will sustain you no matter what may happen this Fall?

DAY 5 : for Yours is the kingdom and the power and the glory, forever, Amen.

Read Psalm 145:21. "Thine is the kingdom, the power, and the glory, forever and ever" is the thought that the psalm expands. "Forever and ever, Amen." is a conclusion it emphasizes. Ask God to cement in your mind and heart this eternal, forever and ever, mindset in the here and now. How does this comfort you in this season?



"The only way to understand the psalms is on your knees, the whole congregation praying the words of the psalms with all its strength."

-Dietrich Bonhoeffer

Psalm 145 encourages us to pray, specifically, the kind embodied in the Lord's Prayer, which works out some of the implications of this psalm.

DAY 1: Our Father who is in heaven, hallowed be Your name...

Read Psalm 145. This psalm begins describing the Lord as "my God" and emphasizes the great acts of the Lord's love toward Israel. It continues to the Lord as "the king" and emphasizing that the Lord is God of the whole world, of the whole reality. The Lord is the God of heaven. The Lord's Prayer sums this up as addressing God as our Father in heaven. The psalm urges that the Lord be exalted, worshipped, and praised; the Lord's prayer urges God's name to be hallowed. Begin our week of prayer praising God that He is "our Father." Using the psalm list some ways that God is distinct and praiseworthy.

DAY 2: Your kingdom come, Your will be done on earth as it is in heaven...

Read Psalm 145:10-13. The psalm announces that its concern is the Lord as the King. One writer says "king" is the principal term in Psalm 145. This helps to explain what God's kingdom or reign is. It speaks by faith of the world acknowledging the glory of the Lord's reign; the Lord's Prayer is a cry for God's reign to become a reality. The psalm knows that kingship means being able to exercise your power on behalf of the needy, and it thus has the Lord filling all things with divine favor, divine desire, divine will; the Lord's Prayer says, "May Your will be done." Ask God to make the desire of your heart to seek first Him and His kingdom. Consider how God's kingdom has "glorious splendor" compared to all the kingdoms of this world.

DAY 3 : Give us this day our daily bread, and forgive us our debts, as we forgive our debtors...

Read Psalm 145:8-9, 14-17. This psalm rejoices in the Lord's goodness, has people looking to the Lord for their needs, and has the Lord giving generously to them; the Lord's Prayer asks for bread each day. The psalm knows that the Lord is gracious, compassionate, and long-tempered; the Lord's Prayer can therefore pray for the forgiveness of our sins. Because God is good and gracious in providing for our needs and forgiving our sins, what needs or sins do you need to pray about today? Consider where you might be looking for provision or satisfaction in these days (and be honest).